




# Salem High School Breakfast Menu

# November 2020

	Mon	Tue	Wed	Thu	Fri	
<p><i>"Breakfast is the Most Important Meal of the Day!"</i></p>	<p><i>ENJOY A GOOD NUTRITIOUS BREAKFAST</i></p>					
<p><i>Breakfast is Free To all students!</i></p> <p><i>Adults \$2.85</i></p>	<p>2 Mini Cinnamon Roll Graham Crackers Fruit &amp; Juice</p>	<p>3 School Closed Election Day</p>	<p>4 Mini Strawberry Bagel Fruit &amp; Juice</p>	<p>5 School Closed NJEA Convention</p>	<p>6 School Closed NJEA Convention</p>	
<p><u><i>Milk Choices Include:</i></u> <i>1% White</i> <i>Non Fat Chocolate</i> <i>Non Fat Strawberry</i></p>	<p>9 School Closed Veterans Day</p>	<p>10 Cherry Strudel Goldfish Fruit &amp; Juice</p>	<p>11 Chocolate Muffin Graham Cracker Fruit &amp; Juice</p>	<p>12 Pop Tart Goldfish Fruit &amp; Juice</p>	<p>13 Mini Strawberry Bagel Graham Cracker Fruit &amp; Juice</p>	
	<p>16 Mini Cinnamon Roll Graham Crackers Fruit &amp; Juice</p>	<p>17 Blueberry Muffin w/ String Cheese Graham Crackers Fruit &amp; Juice</p>	<p>18 Whole Grain Pop Tart Crackers Apple &amp; Juice</p>	<p>19 Bagel Jelly Cheese Stick Fruit &amp; Juice</p>	<p>20 Trix Cereal Bar Crackers Fruit &amp; Juice</p>	
<p><u><i>Fruit May Include:</i></u> <i>Fresh Fruit</i> <i>Canned Fruit</i> <i>Dried Fruit</i> <i>100% Fruit Juice</i></p>	<p>23 Banana Whole Wheat Bread Applesauce Cup Crackers &amp;</p>	<p>24 Blueberry Muffin String Cheese Apple &amp; Juice</p>	<p>25 Whole Grain Pop Tart Goldfish Crackers Apple &amp; Juice</p>	<p>26 Thanksgiving Day</p>	<p>27 School Closed</p>	
<p><u><i>Debbie Gralley</i></u> <u><i>General Manager</i></u> <u><i>Metz Culinary</i></u> <i>935-3900 Ext 3550</i></p>	<p>30 Banana Whole Wheat Bread Graham Cracker Applesauce &amp; Juice</p>					